AUSTSWIM Teacher of Swimming and Water Safety™ (TSW)
澳洲游泳教師證書 - 游泳及水中安全

Course Description 課程簡介

The AUSTSWIM Teacher of Swimming and Water Safety Course (TSW) is a National Standard Certificate of the industry and recognized in Australia and many countries overseas such as United Kingdom, USA, Canadian, Ireland, South Africa etc.

This course provides candidates with essential competencies to teach swimming and water safety™ to persons from four years of age in swimming pools and confined natural shallow water venues. Accreditation is valid for three years and will obtain a teacher certificate & Certificate of CPR after finish the course.

AUSTSWIM 澳洲游泳教師證書 - 游泳及水中安全課程乃澳洲國家標準游泳教師證書，是國際認可之課程，為全球 16 個國家承認(包括英國、美國、加拿大、愛爾蘭、南非等)，課程達至國際專業級水平。

課程將教授基本游泳及水中安全教學，完成課程後將獲發有效期為三年的教師證書，並將同時獲發 CPR 證書。

Course Content 課程內容

Topics 題目:

1. Overview of AUSTSWIM and the aquatic industry AUSTSWIM 及游泳行業簡介
2. Legal responsibilities for the AUSTSWIM teacher™ AUSTSWIM 教師的行業責任
3. How people learn 學員是如何學習的
4. Being an effective teacher 怎樣成為一位有效的游泳教師
5. Aquatic safety, survival and rescue skills 水中安全、求生及拯救技巧
6. Principle of movement in water 水中活動的原理
7. Water familiarization, buoyancy, mobility and safety 熟習水性、浮力、流動性及安全
8. Teaching safer diving skills 安全跳水技巧
9. Towards efficient stroke development 四式泳術探討
10. Plan, deliver and review a lesson 課堂計劃、教授與回顧

Course details 課程資料

Entry requirement 入學資格	Age 16 or above 年滿 16 歲或以上 Reasonable level of fitness and swimming ability 合理程度的體適能及游泳技能
Class size 人數	Maximum of 20 (First come first served basis) 1 班 20 人(先到先得)
Language 語言	English 英語
Course duration 學習時數	18 hours (theory & practical lesson) 18 小時理論與實習 Assessment (complete within 12 months of the course commencement date) 評估 (必須在 12 個月內完成)

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Course Structure 課程結構

Theory & Practical (16-20 contact hours) /理論與實習(16 - 20 小時)

Within the three days course, it will include: 三天課程，內容包括

1. Theory & Practical 理論與實習課堂
2. Continuous Aquatic Sequence 專業發展評估
3. Demonstrate competence in water safety techniques 水中安全技巧能力實習
4. Cardio pulmonary resuscitation (CPR) award 心肺復甦法證書

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Assessment / 評估

To gain the AUSTSWIM accreditation, the following assessment components must be satisfactorily completed within 12 months of the course commencement date.

在理論與實習課程後，必須在 12 個月內完成以下評估項目

1. On-line theory assessment 網上理論評估
2. Practical demonstration of teaching skills, including the preparation of lesson plans
   教學技術實習及課堂設計

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Certification Requirement 獲發證書要求

A. Complete theory & practical lesson
   完成理論與實習課程
B. Holding a current cardio pulmonary resuscitation (CPR) award (include in Practical Lesson)
   持有有效 CPR 證書 (包括在實習課堂內)
C. Complete all assessment
   完成課程評估項目